

<http://www.newsroom.uts.edu.au/news/2011/08/the-acculturative-stress-experience-of-international-students>



Hugo M Gonzales

Hugo Gonzales's comprehensive book taps into the broad range of psychological and practical stresses and coping strategies experienced by international students. His research is undertaken in a number of tertiary institutions in Australia and deals primarily, although not exclusively, with undergraduate and pre-university students. Gonzales's study focuses on Indonesian and Chinese students – students who come from two of the most populous countries in the world. With the study divided into both a quantitative and qualitative analysis, the reader will no doubt have met many international (and local) students whose lives reflect aspects of the stress and coping strategies Gonzales describes. Studying is stressful for most students, but the stress is compounded when the person comes from a very different education system and has a range of other stresses in their lives. The tendency to respect the teacher, learn the correct answer and not inject their own ideas in class can be very st...

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